

Senior Community Center: Fountain Square

Hours: Monday - Friday  
8:30 am - 2:00 pm

Center Phone: 667-2547

CARS Phone Number: 242-2277

Month/Year: May 2008

Center Manager: Linda Notestine

"BRING A FRIEND"

Elder Community Services, Inc.







MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p><b>Lunch &amp; Announcements at 11:30AM</b></p> <p><i>Bring Items to Center for Yard Sale</i></p>	<p>Mon - Fri 8:00 - 9:00am Coffee, Conversation and Cookies (or toast)</p> <p>Daily - BINGO, Cards &amp; Fun</p>	<p>2:00AM HSIM (Healthy Steps In Motion)</p>	<p>1 *10:00AM The First Amendment Law Day or What the Bill of Rights Guarantees Me</p>	<p>2 <b>C. Cross Rds. Visits</b> *10:45AM The Group "Juniata" will play and sing for us <b>DON'T MISS THIS</b></p>
<p>5 *Join Us for Our Very Own Kentucky Derby</p> <p>*12:30PM May Birthdays Celebrated</p>	<p>6 *10:00AM Flexibility</p> <p>*10:45 AM Care &amp; Share w/ Molly Phillips</p> <p>*2:00 HSIM</p>	<p>7 *10:45AM May Reflections</p>  <p>*Mother, May I Word Game</p>	<p>8 *10:00AM A Few of My Favorite Things Tea Party</p>	<p>9 *10:45AM Mifflin County Club Will Visit Our Center</p> 
<p>12 * - CARDS -</p> <p><b>Senior Games Open Today</b></p> <p>*Smart Shopping Tracking Down Great Buys at the Grocery Store</p>	<p>13 *Lunch at Sticky Bun Café</p> <p>*Tour of Health South</p> <p>*2:00PM HSIM</p> <p>*4:30PM Afternoon Delight (Hawaiian Luau)</p>	<p>14 *10:30 - 11:30AM Food Stamp Program - You May Qualify w/ Maritza Melendez</p>	<p>15 *10:00AM Nutrition Sudoku</p> <p>*Trivia Plus</p>	<p>16 *Restorative Sleep w/ Lewistown Hospital Sleep Center</p>
<p>19</p> <p>*Card Games</p> <p>*Number Games</p>	<p>20 <b>Agency Staff Meeting</b></p> <p>CENTER CLOSED</p> <p>*2:00 PM HSIM</p>	<p>21 *10:30AM Care and Share w/ Geraldine VanArt</p>	<p>22 *10:00AM O' Say Can You See? Learn About America's Symbols, Landmarks, and Inspiring Words</p>	<p>23 *Memorial Day Memories</p> <p>*Honor Those Who Served</p>  <p>*12:30PM Center Meeting</p>
<p>26  Center Closed</p> <p>MEMORIAL DAY</p>	<p>27 *10:00AM Flexibility</p> <p>*10:30AM Top 10 - Nutritional Facts</p> <p>*2:00PM HSIM</p>	<p>28 *10:45AM Hygiene Program (It's More The You Think) w/ Deb Swigart Care Coordinator,</p> 	<p>29 *Prepare for Yard Sale</p> <p>Center Members May Shop Today</p>	<p>30 *9:00AM YARD SALE</p>  <p>*Healthy Steps for Older Adults (Fall Risk)</p> <p>*9:00AM Nutritional BINGO</p>