

Senior Community Center: Fountain Square

Hours: Monday - Friday
8:30 am - 2:00 pm

Center Phone: 667-2547

CARS Phone Number: 242-2277

Month/Year April 2010

Center Manager: Linda Notestine

"BRING A FRIEND"

Elder Community Services, Inc.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>HSIM Healthy Steps In Motion Lunch & Announcements at 11:30AM</p>	<p>New Game for the Month "Farkle" Join us for Pinochle every Wed. & Fri. afternoon</p>	<p><i>Birthdays Celebrated On Each Consumers Birthday</i></p>	<p>1 *10:30AM Trip to Malta Home Visit and Lunch Take Easter Treats to Residents  *2:00PM HSIM</p>	<p>2 GOOD FRIDAY CENTER CLOSED </p>
<p>5 *Special Music Beulah O'Donnell and Lena Goss </p>	<p>6 *10:00AM Nutrition.... The Next Best Thing When You Can't Do the Best Teddie Snyder from *10:30AM Flexibility *2:00PM HSIM</p>	<p>7 *10:30AM Care & Share w/ Jim Weese *Games & Cards </p>	<p>8 *10:00AM Flexibility *10:30AM Stabbing Needles Free Yourself From Low Back Pain With Fitness *2:00PM HSIM</p>	<p>9 *In Observance of National Siblings Day Invite Yours to the Center for Adopt One for the Day *Games & Memories</p>
<p>12 *10:00AM Boost Your Mood with Color Tips to find energy, happiness, or calm National Look Alike Day</p>	<p>13 *10:00Am Thing Forgotten - Simple Lapses or Serious Problem *10:30AM Flexibility *2:00PM HSIM *4:30PM Afternoon Delight</p>	<p>14 *10:00AM Care & Share w/ Geraldine VanArt</p>	<p>15 *McVeytown Fire Hall w/ Country Cross Rds. Center *Lunch - Silent Auction Stories of Africa w/ Lee Weaver *2:00PM HSIM</p>	<p>16 *Author Wayne Taylor will visit the center and share insights of his latest book  <u>Across Five Valleys</u></p>
<p>19 *10:00AM Senior Games Preview Plan now to attend! </p>	<p>20 *Keeping Bones Strong and Healthy *10:30AM Flexibility *2:00PM HSIM</p>	<p>21 *Dress, Act & Look Like a Hillbilly *Hillbilly Games and Trivia</p>	<p>22 *Hillbilly Cookin" Eat like a Hillbilly *2:00PM HSIM</p>	<p>23 Ya'll Come!!! *Hillbilly Wedding Receptions to follow Don't forget your gift!!</p>
<p>26 *10:30AM Good-bye Guilt Six Simple Strategies for Relieving Pressure *Think Like Einstein Word Puzzles</p>	<p>27 *Sight and Sound "Joseph" *2:00PM HSIM</p>	<p>28 *Name That Dance: all demonstrations welcome *Blonde Trivia *Fun With Idioms</p>	<p>29 *10:00AM Flexibility *10:30Am Musical Notes "Let Me Call You Sweetheart" *2:00AM HSIM</p>	<p>30 *Nutritional Bingo  *12:30PM Center Meeting *4:30PM Family Game Night</p>