









MONDAY	TUESDAY	WEDNESDAY	THURSDAY	Friday
<p><i>Lunch &amp; Announcements at Noon</i></p> <p>5 *9:00AM Trivia *10:00AM Chair Exercise *11:00AM Dice Bingo *12:30PM Why Fiber</p>	<p>All Activities are Optional</p> <p>6 *9:00AM Trivia Plus *10:00AM Games of Choice *12:30PM Omega Fatty Acids</p>	<p>7 *9:00AM Brain Bogglers *10:00AM Chair Exercise *11:00AM Diabetes w/ Barb Angelo - Health South</p>	<p>1 *9:00AM Clean Your Closets Word Search *10:30AM Bingo *12:30PM Get Moving Stay Healthy</p> <p>8 *9:00AM From Showers to Flowers  *10:30AM Bingo *12:30PM Need for Sleep</p>	<p>2 <b>GOOD FRIDAY</b> <b>CENTER CLOSED</b> <b>HAPPY EASTER</b> *9:00AM Brothers &amp; Sisters  *10:00AM Chair Exercise *11:00AM Care &amp; Share on Food Labels</p>
<p>12 *9:00AM A Variety of Veggies *10:00AM Chair Exercise  Senior Game Preview</p>	<p>13 *9:00AM Rhythm &amp; Rhyme *10:00AM Let's Play Wii Bowling *12:30PM Drink Smart Get zzzz</p>	<p>14 *9:00AM Windy Weather  *10:00AM Chair Exercise *11:00AM Link Program w/Sarah Sunderland *6:00 - 9:00PM Bingo</p>	<p>15 *9:00AM Picking Fruit *10:30AM Bingo *12:30PM A Taxing Time of Year</p>	<p>16 *9:00AM Page By Page *10:00AM Chair Exercise *11:00AM Care &amp; Share</p>
<p>19 *9:00AM Springtime Holiday *10:00AM Chair Exercise *11:00AM Bingo/Freda Locust Grove *12:30PM Fire Drill</p>	<p>20 *9:00AM Detecting a Device  *10:00AM Popcorn and a Movie *Game Day 1:00 - 4:00PM</p>	<p>21 *9:00AM Don't Forget Birthday *10:00AM Chair Exercise *11:00AM Luncheon at Golf Course *Birthday Celebration</p>	<p>22 *9:00Am Earth Day Puzzle *10:30AM Bingo *12:30PM Earth Day Take Action</p>	<p>23 *9:00AM What's In the News?  *10:00AM Chair Exercise *11:00AM Spring Social at Northridge</p>
<p>26 *9:00AM Only the Nose Knows *10:00AM Chair Exercise *11:00AM Pass the Trash *12:30PM Sense &amp; Smell</p>	<p>27 *9:00AM Senior Sense *10:00AM Wii Party Games *12:30PM In Home Safety Check</p>	<p>28 *9:00AM Riddle Time  *10:00AM Chair Exercise *11:00AM Center Meeting *12:30PM Calories In - Calories Out</p>	<p>29 *9:00AM Share a Riddle  *10:30AM Bingo *12:30PM Tips for a Good Nights Sleep</p>	<p>30 *9:00AM Letter Answers *10:00AM Chair Exercise *11:00AM Care &amp; Share</p>