










"BRING A FRIEND"

Elder Community Services, Inc.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Lunch & Announcements at 11:30AM</p> <p>All Activities Are Optional</p>			<p>1  9AM Blood Pressures w/ Anita</p> <p>10:00AM Joys & Concerns w/ Delores Strawser</p> <p>*Early Easter Morning Doctor</p> <p>*2- 5PM Cards & Games</p>	<p>2 GOOD FRIDAY</p> <p>CENTER CLOSED</p> 
<p>5 *Shining a Light On Strokes</p> <p>*Springtime Holiday Crossword Puzzle</p> <p>*Cards</p> <p>*Dominoes</p>	<p>6</p> <p>CENTER CLOSED</p>	<p>7 *What Women Need to Know... Questions to Ask Your Doctor</p> <p>*Piano Music w/ Ruth</p>  <p>*Bingo</p>	<p>8 *April Birthdays Celebrated</p>  <p>*Health Quiz</p>	<p>9</p> <p>CENTER CLOSED</p>
<p>12  *9:30AM Senior Games Preview</p> <p>*National Licorice Day</p> <p>*10:00AM Center Meeting</p>	<p>13</p> <p>CENTER CLOSED</p>	<p>14 *10:00AM Link Program w/ Sarah Sunderland</p> <p>*Piano Music w/ Ruth</p> <p>*Riddle Time</p>	<p>15 *A Falls Prevention Checklist</p> <p>*Bingo</p> <p>*2 - 5PM Cards & Games</p>	<p>16</p> <p>CENTER CLOSED</p>
<p>19  *10:00AM Center Meeting</p> <p>*A Variety of Veggies</p> <p>*Coffee & Cookies w/ Manager</p>	<p>20</p> <p>CENTER CLOSED</p>	<p>21 *10:00AM Entertainment w/ Randy Fisher</p> <p>*Pot Luck Lunch Bring a covered dish</p> <p>*Piano Music w/ Ruth</p>	<p>22  *5 Common Headache Triggers</p> <p>*Knotting Quilts for Street People</p> <p>*Bingo</p>	<p>23</p> <p>CENTER CLOSED</p>
<p>26 *Depression</p> <p>*Windy Weather Crossword Puzzle</p>	<p>27</p> <p>CENTER CLOSED</p>	<p>28  *Ice Cream Social</p> <p>*Bingo</p> <p>*Volunteer Management Word Search</p> <p>*Piano Music w/ Ruth</p>	<p>29 *Smart Nutrition</p> <p>*A Taxing Time of Year</p> <p>*How Much Protein Do You Need</p>	<p>30</p> <p>CENTER CLOSED</p>